

Women's Records  
Track & Field

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*South Devon*  
*Athletic Club*



*Updated*  
*April*  
**2019**

# 100 Metres

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	12.8	27/05/2001	Amanda <b>Applegarth</b>	Redruth - SWAL-C
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	15.1	06/07/2003	Jackie <b>Crang</b>	SWAL - Exeter
2nd				
3rd				
<b>Female 45 to 49</b>				
1st	15.1	03/07/2005	Jackie <b>Crang</b>	SWAL - Exeter
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st	18.8	17/08/2008	Lynda <b>Sloman</b>	Plymouth - Open
2nd				
3rd				
<b>Female 60 to 64</b>				
1st	19.1	16/08/2009	Lynda <b>Sloman</b>	Plymouth - Open
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# 150m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	21.6	24/02/2004	Amanda Evans	Exeter - Open
2nd				
3rd				
<b>Female 35 to 39</b>				
1st	22.6	30/03/2004	Donna Throgmorton	Exeter - Open
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	24.5	30/03/2004	Jackie Crang	Exeter - Open
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# 200m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	26.6	27/05/2001	Amanda Applegarth	Redruth - SWAL
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	31.8	04/08/2002	Jackie Crang	Exeter - SWAL
2nd				
3rd				
<b>Female 45 to 49</b>				
1st	32.3	10/07/2005	Jackie Crang	Plymouth - Devon League
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st	39.6	17/08/2008	Lynda Sloman	Plymouth - Open
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# 300m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st	01:01.9	30/03/2004	Donna Throgmorton	Exeter - Open
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	00:55.4	30/03/2004	Jackie Crang	Exeter - Open
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## 400m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	01:15.1	11/07/2004	Jackie Crang	Exeter - Devon League
2nd				
3rd				
<b>Female 45 to 49</b>				
1st	01:16.2	30/05/2006	Jackie Crang	Exeter - Open
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st	01:25.5	17/08/2008	Lynda Sloman	Plymouth - Open
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# 600m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	01:41.6	24/02/2004	Amanda Evans	Exeter - Open
2nd				
3rd				
<b>Female 35 to 39</b>				
1st	02:22.8	30/03/2004	Donna Throgmorton	Exeter - Open
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	02:20.1	30/03/2004	Jackie Crang	Exeter - Open
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## 800m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	02:17.4	28/06/2005	Amanda Evens	Exeter - BMC
2nd				
3rd				
<b>Female 35 to 39</b>				
1st	03:05.26	10/07/2005	Donna Throgmorton	Plymouth - Devon League
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	03:05.2	31/08/2004	Jackie Crang	Exeter - Open
2nd				
3rd				
<b>Female 45 to 49</b>				
1st	02:53.3	10/07/2005	Jackie Crang	Plymouth - Devon League
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st	03:08	10/07/2005	Lynda Sloman	Plymouth - Devon League
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				



# 1,500m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	05:23.0	10/06/2011	Naomi Flanagan	Devon Open Series - Plymouth
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	06:54.4	10/06/2011	Lisa Jeffery	Devon Open Series - Plymouth
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st	07:09.9	10/06/2011	Liz Lee	Devon Open Series - Plymouth
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# 1 Mile

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st	06:48.08	16/08/2009	Lynda Sloman	Plymouth - Open
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# 2,000m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	06:48.5	25/03/2003	Naomi Flanagan	Exeter - Open
2nd				
3rd				
<b>Female 35 to 39</b>				
1st	09:37.1	25/03/2003	Jene Bancroft	Exeter - Open
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## 3,000m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	10:22.17	05/05/2003	Naomi Flanagan	Millfield - BMC
2nd				
3rd				
<b>Female 35 to 39</b>				
1st	12:11	06/02/2008	Deborah Pitocco	Exeter - Open
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	12:42	06/02/2008	Donna Throgmorton	Exeter - Open
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st	12:35	08/11/2005	Lynda Sloman	Exeter
2nd				
3rd				
<b>Female 60 to 64</b>				
1st	16:23	06/02/2008	Wendy Black	Exeter 3k Series
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# 5,000m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	18.21.7	09/05/1999	Helen Dyke	Braunton - Devon Champs
2nd				
3rd				
<b>Female 35 to 39</b>				
1st	20:28.4	17/08/2008	Deborah Pitocco	Plymouth Open
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st	21:27.0	27/10/1998	Yvonne Warden	Exeter Open
2nd				
3rd				
<b>Female 50 to 54</b>				
1st	24.48.3	26/10/1999	Wendy Black	Exeter Open
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# 10,000m

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	42:14.18	11/09/2013	Naomi Flanagan	Exeter - Devon Champs
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st	50:15.5	06/09/2006	Lynda Sloman	Exeter - Devon Champs
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## *2,000m Steeplechase*

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# 3,000m Steeplechase

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				



## *100m Hurdles*

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	15.8	12/06/2005	Janine McCormack	Exeter - SWAL-C
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## 400m Hurdles

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	01:30.4	02/09/2001	Jackie Crang	Exeter - SWAL
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## *4 x 100m Relay*

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	00:53.0	03/09/2000	Field, Applegarth, Wood, Powell	Yeovil - SWAL
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## *4 x 200m relay*

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## *4 x 400m relay*

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	04:19.6	25/05/2003	Lang, Moore, Stephens, Evans	Yeovil - SWAL
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## *Sprint Medley Relay 4-2-2-8*

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st	04:28.9	12/06/2005	Drew, Lyne-Ley, Crang, Evans	Exeter - SWAL-C
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# *3,000m Walking*

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# *1 Mile Walking*

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				



# High Jump

Position	Height	Date	Name	Location
<b>Female 16 to 34</b>				
1st	1.50m	12/06/2005	Janine McCormack	Exeter - SWAL-C
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## *Long Jump*

Position	Distance	Date	Name	Location
<b>Female 16 to 34</b>				
1st	5.45m	12/06/2005	Janine <b>McCormack</b>	Exeter - SWAL-C
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	3.36m	04/08/2002	Jackie <b>Crang</b>	Millfield - Devon Champs
2nd				
3rd				
<b>Female 45 to 49</b>				
1st	3.17m	28/05/2006	Jackie <b>Crang</b>	Millfield - SWAL
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# *Pole Vault*

Position	Time	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st				
2nd				
3rd				
<b>Female 45 to 49</b>				
1st				
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

# Triple Jump

Position	Distance	Date	Name	Location
<b>Female 16 to 34</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44</b>				
1st	7.11m	02/09/2001	Jackie Crang	Exeter - SWAL
2nd				
3rd				
<b>Female 45 to 49</b>				
1st	7.13m	02/07/2006	Jackie Crang	Exeter - SWAL
2nd				
3rd				
<b>Female 50 to 54</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89</b>				
1st				
2nd				
3rd				

## *Discus*

Position	Distance	Date	Name	Location
<b>Female 16 to 34 - 1kg</b>				
1st	34.76m	12/06/2005	Claire <b>Lyne-Ley</b>	Exeter - SWAL-C
2nd				
3rd				
<b>Female 35 to 39 - 1kg</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44 - 1kg</b>				
1st	24.09m	22/08/1999	Lee <b>Hayward</b>	Exeter - Devon League
2nd				
3rd				
<b>Female 45 to 49 - 1kg</b>				
1st	24.32m	07/05/2000	Lee <b>Hayward</b>	Yeovil - SWAL
2nd				
3rd				
<b>Female 50 to 54 - 1kg</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59 - 1kg</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64 - 1kg</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69 - 1kg</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74 - 1kg</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79 - 0.75kg</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84 - 0.75kg</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89 - 0.75kg</b>				
1st				
2nd				
3rd				

# Hammer

Position	Distance	Date	Name	Location
<b>Female 16 to 34 - 15 to 16 - 3kg, 17 to 34 - 4kg</b>				
1st	31.43m	14/04/2002	Janette Parton	Exeter - Devon League
2nd				
3rd				
<b>Female 35 to 39 - 4kg</b>				
1st	13.82m	16/08/1998	Sarah Nott	Exeter - Devon League
2nd				
3rd				
<b>Female 40 to 44 - 4kg</b>				
1st	19.45m	22/08/1999	Lee Hayward	Exeter - Devon League
2nd				
3rd				
<b>Female 45 to 49 - 4kg</b>				
1st	25.84m	30/07/2000	Lee Hayward	Exeter - SWAL
2nd				
3rd				
<b>Female 50 to 54 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79 - 2kg</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84 - 2kg</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89 - 2kg</b>				
1st				
2nd				
3rd				

# Javelin

Position	Distance	Date	Name	Location
<b>Female 16 to 34 - 15 to 16 - 500g, 17 to 19 - 600g, 20 to 34 - 600g</b>				
1st				
2nd				
3rd				
<b>Female 35 to 39 - 600g</b>				
1st				
2nd				
3rd				
<b>Female 40 to 44 - 600g</b>				
1st	15.78m	27/07/1999	Lee Hayward	Exeter - Open
2nd				
3rd				
<b>Female 45 to 49 - 600g</b>				
1st	18.68m	18/06/2000	Lee Hayward	Exeter - SWVAC
2nd				
3rd				
<b>Female 50 to 54 - 500g</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59 - 500g</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64 - 400g</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69 - 400g</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74 - 400g</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79 - 400g</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84 - 400g</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89 - 400g</b>				
1st				
2nd				
3rd				

## *Shot put*

Position	Distance	Date	Name	Location
<b>Female 16 to 34 - 15 to 16 - 3kg, 17 to 34 - 4kg</b>				
1st	9.81m	03/07/2005	Claire Lyne-Ley	Exeter - SWAL
2nd				
3rd				
<b>Female 35 to 39 - 4kg</b>				
1st	5.11m	16/08/1998	Sarah Nott	Exeter - Devon League
2nd				
3rd				
<b>Female 40 to 44 - 4kg</b>				
1st	7.71m	27/07/1999	Lee Hayward	Exeter - Open
2nd				
3rd				
<b>Female 45 to 49 - 4kg</b>				
1st	7.63m	30/04/2000	Lee Hayward	Braunton - Devon League
2nd				
3rd				
<b>Female 50 to 54 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 55 to 59 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 60 to 64 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 65 to 69 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 70 to 74 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 75 to 79 - 3kg</b>				
1st				
2nd				
3rd				
<b>Female 80 to 84 - 2kg</b>				
1st				
2nd				
3rd				
<b>Female 85 to 89 - 2kg</b>				
1st				
2nd				
3rd				