

Men's Records
Track & Field

South Devon
Athletic Club



Updated
April
2019

60m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st				
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st				
2nd				
3rd				
Veteran Male 50 to 54				
1st	9.2	13/02/2007	John Drennan	Plymouth - Open
2nd				
3rd				
Veteran Male 55 to 59				
1st	8.7	13/02/2007	Steve Waddington	Plymouth - Open
2nd				
3rd				
Veteran Male 60 to 64				
1st	9.3	28/03/2012	Steve Waddington	Exeter - Open
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

100m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	11.1	24/07/2005	Nic Andrews	Exeter - SWICC
2nd	11.2	12/06/2005	Richard Lang	Exeter - Open
3rd	11.8	29/05/2007	Sam Stacey	Exeter - Open
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st	12.9	11/07/2010	Ian McClean	Exeter - Open
2nd				
3rd				
Veteran Male 45 to 49				
1st	11.7	29/04/2001	Steve Lang	Bournemouth - SWAL
2nd				
3rd				
Veteran Male 50 to 54				
1st				
2nd				
3rd				
Veteran Male 55 to 59				
1st	14.5	12/05/2007	Steve Waddington	Braunton - Devon Champs
2nd				
3rd				
Veteran Male 60 to 64				
1st	14.8	21/08/2011	Steve Waddington	Braunton - Devon League
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

150m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	19.0	30/03/2004	Toby Underdown	Exeter - Open
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st	22.6	30/03/2004	George McLaren	Exeter - Open
2nd				
3rd				
Veteran Male 45 to 49				
1st	21.8	29/03/2005	Graeme Kay	Exeter - Open
2nd				
3rd				
Veteran Male 50 to 54				
1st	19.2	30/03/2004	Steve Lang	Exeter - Open
2nd				
3rd				
Veteran Male 55 to 59				
1st	21.5	13/02/2007	Steve Waddington	Plymouth Open
2nd				
3rd				
Veteran Male 60 to 64				
1st	23.1	28/03/2012	Steve Waddington	Exeter - Open
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

200m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	21.9	04/08/2002	Nic Andrews	Millfield - SWAL
2nd	23.3	03/06/2005	Richard Lang	Exeter
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st	26.1	30/08/1998	John Mather	Exeter - Devon League
2nd				
3rd				
Veteran Male 45 to 49				
1st	23.9	07/07/2002	Steve Lang	Braunton - SWAL
2nd				
3rd				
Veteran Male 50 to 54				
1st	24.2	30/05/2004	Steve Lang	Exeter - SWAL
2nd	28.9	26/07/2005	Paul Read	Exeter - BMC Regional Races
3rd				
Veteran Male 55 to 59				
1st	30.1	23/05/2010	Steve Waddington	Plymouth - Devon League
2nd				
3rd				
Veteran Male 60 to 64				
1st	30.9	21/08/2011	Steve Waddington	Braunton - Devon League
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

300m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	35.6	25/03/2003	Nic Andrews	Exeter - Open
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st	39.5	25/03/2003	Steve Lang	Exeter - Open
2nd				
3rd				
Veteran Male 50 to 54				
1st	40.0	30/03/2004	Steve Lang	Exeter - Open
2nd				
3rd				
Veteran Male 55 to 59				
1st	55.2	30/03/2009	John Drennan	Exeter - Open
2nd				
3rd				
Veteran Male 60 to 64				
1st	55.4	26/03/2013	Steve Waddington	Exeter - Open
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

400m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	00:48.10	28/04/2002	Nic Andrews	Bournemouth - SWAL
2nd	00:50.17	02/01/2005	Richard Lang	Cardiff
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st	00:53.20	13/05/2000	Steve Lang	Exeter - Devon Champs
2nd				
3rd				
Veteran Male 50 to 54				
1st	00:53.90	25/04/2004	Steve Lang	Yeovil - SWAL
2nd	01:02.70	26/07/2005	Paul Read	Exeter
3rd				
Veteran Male 55 to 59				
1st	01:11.8	12/05/2007	Steve Waddington	Braunton - Devon Champs
2nd				
3rd				
Veteran Male 60 to 64				
1st	01:14.2	24/06/2012	Steve Waddington	Tavistock - Devon League
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

600m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	01:22.6	04/04/1999	Nic Andrews	Carn Brea - BMC
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st	01:53.7	30/03/2004	George McLaren	Exeter - Open
2nd				
3rd				
Veteran Male 45 to 49				
1st	01:47.2	29/03/2005	Graeme Kay	Exeter - Open
2nd				
3rd				
Veteran Male 50 to 54				
1st	01:43.9	31/03/2009	Graeme Kay	Exeter - Open
2nd				
3rd				
Veteran Male 55 to 59				
1st	02:17.6	26/03/2013	John Drennan	Exeter - Open
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

800m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	01:49.01	06/05/2002	Nic Andrews	Millfield - BMC Regional Races
2nd	01:56.30	28/04/2001	Toby Underdown	Exeter - Open
3rd	01:57.90	03/08/1998	Adrian Leonard	Cardiff
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st	02:13.80	26/04/2005	Peter Monaghan	Exeter - BMC Regional Races
2nd	02:14.40	25/06/2002	Graeme Kay	Exeter - BMC Regional Races
3rd				
Veteran Male 45 to 49				
1st	02:06.80	14/05/2000	Steve Lang	Exeter - Devon Champs
2nd	02:23.20	27/06/2006	Graeme Kay	Exeter - BMC Regional Races
3rd				
Veteran Male 50 to 54				
1st	02:07.00	01/08/2004	Steve Lang	Exeter - Devon League
2nd	02:22.00	30/08/2005	Paul Read	Exeter - BMC Regional Races
3rd				
Veteran Male 55 to 59				
1st	02:38.5	25/01/2000	Pete Rogers	Exeter - Open
2nd				
3rd				
Veteran Male 60 to 64				
1st	02:37.9	25/01/2000	Terry Hair	Exeter - Open
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

1,000m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	02:41.5	24/02/2004	Anthony Wilson	Exeter - Open
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st				
2nd				
3rd				
Veteran Male 50 to 54				
1st				
2nd				
3rd				
Veteran Male 55 to 59				
1st				
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

1,200m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st				
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st				
2nd				
3rd				
Veteran Male 50 to 54				
1st	04:43.0	31/03/2009	Graeme Kay	Exeter - Open
2nd				
3rd				
Veteran Male 55 to 59				
1st	05:02.0	28/03/2012	John Drennan	Exeter - Open
2nd				
3rd				
Veteran Male 60 to 64				
1st	05:22.2	28/03/2012	Steve Waddington	Exeter - Open
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

1,500m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	03:59.5	26/07/2005	Anthony Wilson	Exeter - BMC Regional Races
2nd	04:07.1	26/03/2002	Toby Underdown	Exeter - Open
3rd	04:18.75	29/07/2008	Richard Wallace	Exeter - BMC Regional Races
Veteran Male 35 to 39				
1st	04:42.5	10/06/2011	James Dent	Devon Open Series - Plymouth
2nd				
3rd				
Veteran Male 40 to 44				
1st	04:51.2	10/06/2011	Vince Langdon	Devon Open Series - Plymouth
2nd				
3rd				
Veteran Male 45 to 49				
1st	04:37.8	26/08/2003	Steve Lang	Exeter - Open
2nd	04:51.9	10/06/2011	Colin Peters	Devon Open Series - Plymouth
3rd				
Veteran Male 50 to 54				
1st	04:43.0	25/05/2004	Steve Lang	Exeter - Open
2nd				
3rd				
Veteran Male 55 to 59				
1st	06:16.2	10/06/2011	John Drennan	Devon Open Series - Plymouth
2nd	06:32.0	10/06/2011	Roger Webb	Devon Open Series - Plymouth
3rd				
Veteran Male 60 to 64				
1st	07:03.12	24/05/2015	John Drennan	Exeter - Devon Champs
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

1 Mile

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	04:30.8	29/07/1997	Nic Andrews	Exeter - TV Mile
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st	05:02.3	19/08/2007	Adrian Tucker	Plymouth - Devon League
2nd				
3rd				
Veteran Male 45 to 49				
1st	05:02.9	28/09/1999	Steve Lang	Exeter - Open
2nd				
3rd				
Veteran Male 50 to 54				
1st	05:15.3	18/04/2004	Steve Lang	Exeter - GW Open
2nd				
3rd				
Veteran Male 55 to 59				
1st	06:46.8	23/05/2010	John Drennan	Plymouth - Devon League
2nd				
3rd				
Veteran Male 60 to 64				
1st	06:31.08	16/08/2009	Alan Sloman	Plymouth - Open
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

2,000m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	05:43.1	25/03/2003	Anthony Wilson	Exeter - Open
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st				
2nd				
3rd				
Veteran Male 50 to 54				
1st				
2nd				
3rd				
Veteran Male 55 to 59				
1st				
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

3,000m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	08:38.78	09/12/2006	Anthony Wilson	Cardiff - UWIC Grand Prix
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st	10:36.00	28/02/2011	Colin Peters	Exeter
2nd				
3rd				
Veteran Male 50 to 54				
1st	10:24.00	07/11/2004	Steve Lang	Exeter
2nd				
3rd				
Veteran Male 55 to 59				
1st	12:07.0	06/02/2008	Brian Marjoram	Exeter
2nd				
3rd				
Veteran Male 60 to 64				
1st	12:49.0	01/11/2006	John Barrett	Exeter
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

5,000m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	14:55.9	30/01/2001	Kairn Stone	Exeter - Open
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st	18:07.3	26/10/1999	Steve Lang	Exeter - Open
2nd				
3rd				
Veteran Male 50 to 54				
1st	19:22.9	17/08/2008	Graeme Kay	Plymouth - Open
2nd				
3rd				
Veteran Male 55 to 59				
1st	19:36.5	12/05/2001	Peter Rogers	Braunton - Devon Champs
2nd				
3rd				
Veteran Male 60 to 64				
1st	19:31.3	26/10/1999	Terry Hair	Exeter - Open
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

10,000m

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	32:59.5	17/09/1997	Ian Barrett	Exeter - Devon Champs
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st	40:21.8	12/09/2012	Neil Downer	Exeter - Devon Champs
2nd				
3rd				
Veteran Male 50 to 54				
1st	44:58.4	07/09/2005	John Drennan	Exeter - Devon Champs
2nd				
3rd				
Veteran Male 55 to 59				
1st	46:14.0	14/09/2011	John Drennan	Exeter - Devon Champs
2nd				
3rd				
Veteran Male 60 to 64				
1st	49:45.0	14/09/2011	Steve Waddington	Exeter - Devon Champs
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

2,000m Steeplechase

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	06:04.2	24/07/2005	Anthony Wilson	Exeter - SE Int-C
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st	08:20.9	01/04/2012	Ian McClean	Plymouth
2nd				
3rd				
Veteran Male 50 to 54				
1st				
2nd				
3rd				
Veteran Male 55 to 59				
1st	09:15.7	01/04/2012	John Drennan	Plymouth
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

3,000m Steeplechase

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	09:28.2	01/05/2006	Anthony Wilson	Brixham
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st	11:10.7	15/05/2005	Adrian Tucker	Exeter - Devon Champs
2nd				
3rd				
Veteran Male 45 to 49				
1st	14:37.2	07/05/2006	Dave Mitchell	Bournemouth - SWAL
2nd				
3rd				
Veteran Male 50 to 54				
1st	13:42.6	07/05/2006	John Drennan	Bournemouth - SWAL
2nd				
3rd				
Veteran Male 55 to 59				
1st	14:26.9	09/05/2010	John Drennan	Exeter - Devon Champs
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

110m Hurdles

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st				
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st				
2nd				
3rd				
Veteran Male 50 to 54				
1st				
2nd				
3rd				
Veteran Male 55 to 59				
1st				
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

400m Hurdles

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st				
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st	01:07.8	03/05/2003	Steve Lang	Millfield - SWAL
2nd				
3rd				
Veteran Male 50 to 54				
1st	01:32.5	13/08/2006	John Drennan	Exeter - Devon League
2nd				
3rd				
Veteran Male 55 to 59				
1st				
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

WMA Short Hurdles

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
Veteran Male Only				
Veteran Male 35 to 39 - Race Distance 110m, Hurdle Height 0.991m				
1st				
2nd				
3rd				
Veteran Male 40 to 44 - Race Distance 110m, Hurdle Height 0.991m				
1st				
2nd				
3rd				
Veteran Male 45 to 49 - Race Distance 110m, Hurdle Height 0.991m				
1st				
2nd				
3rd				
Veteran Male 50 to 54 - Race Distance 100m, Hurdle Height 0.914m				
1st	20.6	25/04/2010	Steve Waddington	Braunton - Devon League
2nd				
3rd				
Veteran Male 55 to 59 - Race Distance 100m, Hurdle Height 0.914m				
1st				
2nd				
3rd				
Veteran Male 60 to 64 - Race Distance 100m, Hurdle Height 0.84m				
1st				
2nd				
3rd				
Veteran Male 65 to 69 - Race Distance 100m, Hurdle Height 0.84m				
1st				
2nd				
3rd				
Veteran Male 70 to 74 - Race Distance 80m, Hurdle Height 0.762m				
1st				
2nd				
3rd				
Veteran Male 75 to 79 - Race Distance 80m, Hurdle Height 0.762m				
1st				
2nd				
3rd				
Veteran Male 80 to 84 - Race Distance 80m, Hurdle Height 0.686m				
1st				
2nd				
3rd				
Veteran Male 85 to 89 - Race Distance 80m, Hurdle Height 0.686m				
1st				
2nd				
3rd				

WMA Long Hurdles

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
Veteran Male Only				
Veteran Male 35 to 39 - Race Distance 400m, Hurdle Height 0.914m				
1st				
2nd				
3rd				
Veteran Male 40 to 44 - Race Distance 400m, Hurdle Height 0.914m				
1st				
2nd				
3rd				
Veteran Male 45 to 49 - Race Distance 400m, Hurdle Height 0.914m				
1st	01:07.8	03/05/2003	Steve Lang	Millfield - SWAL
2nd				
3rd				
Veteran Male 50 to 54 - Race Distance 400m, Hurdle Height 0.84m				
1st	01:32.5	13/08/2006	John Drennan	Exeter - Devon League
2nd				
3rd				
Veteran Male 55 to 59 - Race Distance 400m, Hurdle Height 0.84m				
1st	01:25.2	13/05/2007	Steve Waddington	Braunton - Devon Champs
2nd				
3rd				
Veteran Male 60 to 64 - Race Distance 300m, Hurdle Height 0.762m				
1st				
2nd				
3rd				
Veteran Male 65 to 69 - Race Distance 300m, Hurdle Height 0.762m				
1st				
2nd				
3rd				
Veteran Male 70 to 74 - Race Distance 300m, Hurdle Height 0.686m				
1st				
2nd				
3rd				
Veteran Male 75 to 79 - Race Distance 300m, Hurdle Height 0.686m				
1st				
2nd				
3rd				
Veteran Male 80 to 84 - Race Distance 200m, Hurdle Height 0.686m				
1st				
2nd				
3rd				
Veteran Male 85 to 89 - Race Distance 200m, Hurdle Height 0.686m				
1st				
2nd				
3rd				

4 x 100m Relay

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st				
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st				
2nd				
3rd				
Veteran Male 50 to 54				
1st				
2nd				
3rd				
Veteran Male 55 to 59				
1st				
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

4 x 200m relay

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st				
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st				
2nd				
3rd				
Veteran Male 50 to 54				
1st				
2nd				
3rd				
Veteran Male 55 to 59				
1st				
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

4 x 400m relay

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	03:28.7	27/04/2003	Lang, Wallace, Underwood, Andrews	Exeter - SWAL
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st				
2nd				
3rd				
Veteran Male 50 to 54				
1st				
2nd				
3rd				
Veteran Male 55 to 59				
1st				
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

Sprint Medley Relay 4-2-2-8

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	03:48.6	27/04/2003	Wallace, Lang, Tucker, Wilson	Exeter - SWAL Cup
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st				
2nd				
3rd				
Veteran Male 50 to 54				
1st				
2nd				
3rd				
Veteran Male 55 to 59				
1st				
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

High Jump

Position	Height	Date	Name	Location / Event
Senior Male 16 to 34				
1st				
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st	1.50m	11/07/2010	Ian McClean	Exeter - Open
2nd				
3rd				
Veteran Male 45 to 49				
1st	1.45m	27/04/2003	Steve Wallace	Salisbury - SWAL
2nd	1.25m	21/06/2015	Vince Langdon	Exeter - South West Vet Champs
3rd				
Veteran Male 50 to 54				
1st	1.30m	08/04/2018	Vince Langdon	Exeter - Great West Open
2nd	1.25m	08/04/2006	Steve Waddington	Exeter - Great West Open
3rd				
Veteran Male 55 to 59				
1st	1.30m	17/06/2007	Steve Waddington	Exeter - SW Vets Champs
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

Long Jump

Position	Distance	Date	Name	Location / Event
Senior Male 16 to 34				
1st	5.57m	14/06/2008	Sam Stacey	Devon Schools' Championships
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st	5.01m	25/07/1999	Steve Lang	Braunton - SWAL
2nd				
3rd				
Veteran Male 50 to 54				
1st	4.82m	04/07/2004	Steve Lang	Exeter - SWAL
2nd				
3rd				
Veteran Male 55 to 59				
1st	4.28m	19/08/2007	Steve Waddington	Exeter - Devon League
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

Pole Vault

Position	Time	Date	Name	Location / Event
Senior Male 16 to 34				
1st	2.70m	05/09/1999	Craig Gillman	Exeter - SWAL
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st				
2nd				
3rd				
Veteran Male 50 to 54				
1st	1.9m	28/05/2006	Steve Waddington	Millfield - SWAL
2nd				
3rd				
Veteran Male 55 to 59				
1st				
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

Triple Jump

Position	Distance	Date	Name	Location / Event
Senior Male 16 to 34				
1st				
2nd				
3rd				
Veteran Male 35 to 39				
1st				
2nd				
3rd				
Veteran Male 40 to 44				
1st				
2nd				
3rd				
Veteran Male 45 to 49				
1st	10.19m	29/07/2001	Steve Lang	Exeter - SWAL
2nd				
3rd				
Veteran Male 50 to 54				
1st	10.06m	30/05/2004	Steve Lang	Exeter - SWAL
2nd				
3rd				
Veteran Male 55 to 59				
1st	8.36m	23/05/2010	Steve Waddington	Plymouth - Devon League
2nd				
3rd				
Veteran Male 60 to 64				
1st				
2nd				
3rd				
Veteran Male 65 to 69				
1st				
2nd				
3rd				
Veteran Male 70 to 74				
1st				
2nd				
3rd				
Veteran Male 75 to 79				
1st				
2nd				
3rd				
Veteran Male 80 to 84				
1st				
2nd				
3rd				
Veteran Male 85 to 89				
1st				
2nd				
3rd				

Discus

Position	Distance	Date	Name	Location / Event
Senior Male 16 to 34 - 15 to 16 - 1.5kg, 17 to 19 - 1.75kg, 20 to 34 - 2kg				
1st				
2nd				
3rd				
Veteran Male 35 to 39 - 2kg				
1st				
2nd				
3rd				
Veteran Male 40 to 44 - 2kg				
1st				
2nd				
3rd				
Veteran Male 45 to 49 - 2kg				
1st				
2nd				
3rd				
Veteran Male 50 to 54 - 1.5kg				
1st	17.04m	13/08/2006	Steve Waddington	Exeter - Devon League
2nd				
3rd				
Veteran Male 55 to 59 - 1.5kg				
1st				
2nd				
3rd				
Veteran Male 60 to 64 - 1kg				
1st				
2nd				
3rd				
Veteran Male 65 to 69 - 1kg				
1st				
2nd				
3rd				
Veteran Male 70 to 74 - 1kg				
1st				
2nd				
3rd				
Veteran Male 75 to 79 - 1kg				
1st				
2nd				
3rd				
Veteran Male 80 to 84 - 1kg				
1st				
2nd				
3rd				
Veteran Male 85 to 89 - 1kg				
1st				
2nd				
3rd				

Hammer

Position	Distance	Date	Name	Location / Event
Senior Male 16 to 34 - 15 to 16 - 5kg, 17 to 19 - 6kg, 20 to 34 - 7.26kg				
1st				
2nd				
3rd				
Veteran Male 35 to 39 - 7.26kg				
1st				
2nd				
3rd				
Veteran Male 40 to 44 - 7.26kg				
1st	22.50m	17/06/2001	Barry Hayward	Exeter - SWVAC
2nd				
3rd				
Veteran Male 45 to 49 - 7.26kg				
1st	22.17m	30/05/1999	Alan Atkinson	Redruth - SWAL
2nd				
3rd				
Veteran Male 50 to 54 - 6kg				
1st	18.45m	04/06/2006	Steve Waddington	Exeter - Devon League
2nd				
3rd				
Veteran Male 55 to 59 - 6kg				
1st	17.88m	25/04/2010	Steve Waddington	Braunton - Devon League
2nd				
3rd				
Veteran Male 60 to 64 - 5kg				
1st				
2nd				
3rd				
Veteran Male 65 to 69 - 5kg				
1st				
2nd				
3rd				
Veteran Male 70 to 74 - 4kg				
1st				
2nd				
3rd				
Veteran Male 75 to 79 - 4kg				
1st				
2nd				
3rd				
Veteran Male 80 to 84 - 3kg				
1st				
2nd				
3rd				
Veteran Male 85 to 89 - 3kg				
1st				
2nd				
3rd				

Javelin

Senior Male 16 to 34 - 15 to 16 - 700g, 17 to 19 - 800g, 20 to 34 - 800g				
1st				
2nd				
3rd				
Veteran Male 35 to 39 - 800g				
1st				
2nd				
3rd				
Veteran Male 40 to 44 - 800g				
1st				
2nd				
3rd				
Veteran Male 45 to 49 - 800g				
1st	30.25m	03/09/2006	Andy Conibear	Yeovil - SWAL
2nd				
3rd				
Veteran Male 50 to 54 - 700g				
1st	28.74m	27/04/2008	Andy Conibear	Braunton - Devon League
2nd				
3rd				
Veteran Male 55 to 59 - 700g				
1st	20.76	03/09/2006	Steve Waddington	Yeovil - SWAL
2nd				
3rd				
Veteran Male 60 to 64 - 600g				
1st				
2nd				
3rd				
Veteran Male 65 to 69 - 600g				
1st				
2nd				
3rd				
Veteran Male 70 to 74 - 500g				
1st				
2nd				
3rd				
Veteran Male 75 to 79 - 500g				
1st				
2nd				
3rd				
Veteran Male 80 to 84 - 400g				
1st				
2nd				
3rd				
Veteran Male 85 to 89 - 400g				
1st				
2nd				
3rd				

Shot put

Position	Distance	Date	Name	Location / Event
Senior Male 16 to 34 - 15 to 16 - 5kg, 17 to 19 - 6kg, 20 to 34 - 7.26kg				
1st				
2nd				
3rd				
Veteran Male 35 to 39 - 7.26kg				
1st				
2nd				
3rd				
Veteran Male 40 to 44 - 7.26kg				
1st				
2nd				
3rd				
Veteran Male 45 to 49 - 7.26kg				
1st	8.06m	31/05/1998	Alan Atkinson	Exeter - Devon League
2nd				
3rd				
Veteran Male 50 to 54 - 6kg				
1st	8.15m	27/04/2008	Andy Conibear	Braunton - Devon League
2nd				
3rd				
Veteran Male 55 to 59 - 6kg				
1st	6.49m	03/09/2006	Steve Waddington	Yeovil - SWAL
2nd				
3rd				
Veteran Male 60 to 64 - 5kg				
1st				
2nd				
3rd				
Veteran Male 65 to 69 - 5kg				
1st				
2nd				
3rd				
Veteran Male 70 to 74 - 5kg				
1st				
2nd				
3rd				
Veteran Male 75 to 79 - 5kg				
1st				
2nd				
3rd				
Veteran Male 80 to 84 - 5kg				
1st				
2nd				
3rd				
Veteran Male 85 to 89 - 5kg				
1st				
2nd				
3rd				