

Dawlish Coastal Run

8th June 2023

THE sandy beaches of South Devon proved irresistible for members of South Devon Athletic Club, who tackled two tough beach races in just three days.



Eighteen club members travelled up the coast for the Dawlish Coasters' Coastal Dash race, based on the seafront at Dawlish Warren. The course took runners along the beach and over a series of challenging wooden groynes before bringing them back to the sea wall. Then the route took in the sea wall towards Dawlish and a climb over a railway bridge before the descent back to the finish.



Kevin Ashworth topped the timesheets for SDAC with a time of 26m 03s which was good enough for 22nd place overall. Dani Waters was the next SDAC runner back, and the first lady from the club, with a time of 27m 59s.

Other finishers from the club were Robert Foster in 28.42; Antony Waters 30.46; Kerry Bell 31.01; Steve Wright 32.01; Guy Henderson 32.20; Laura Ashworth 32.58; Cherry Powell 33.20; Neil Jordain 34.31; Mark Holman 35.53; Tracy Elford 39.37; Fiona Stephens 39.37; Roger Webb 40.07; Alison Ford 40.52; David Cubberley 46.24 and John Drennan 51.27.