



SOUTH DEVON 3K RELAYS

INDIVIDUAL RESULTS

FRIDAY 19TH AUGUST 2022



Rank	Name	Category	Team #	Team Name	Race Time
1	Jason Hurford	SM	23	Torbay Tri	00:09:20
1	Ben Gerrish	SM	23	Torbay Tri	00:09:20
3	Charlie Chuckle	M40	8	Chucklevision	00:09:44
4	Darren Roose	MIX	18	Newquay Road Runners	00:09:45
4	Alby Walters	SM	37	Riviera Racers Blue	00:09:45
6	Dave Brown	SM	23	Torbay Tri	00:09:48
6	Barry Chuckle	M40	8	Chucklevision	00:09:48
8	Dominic Chuckle	M40	8	Chucklevision	00:09:52
9	Matt Edmondson	MIX	15	Keywood	00:09:53
10	Jamie Frost	SM	57	Erme Valley Harriers	00:09:54
11	Katie Knowles	SF	14	Newquay Road Runners	00:09:55
12	Alby Walters	SM	37	Riviera Racers Blue	00:09:57
13	Luke Reynolds	SM	36	Teignbridge Trotters	00:09:58
14	Jamie Frost	SM	2	Plymouth Musketeers	00:09:59
14	Neil Carter	M40	13	Newquay Road Runners	00:09:59
16	Hamish Rae	SM	36	Teignbridge Trotters	00:10:01
17	Steve Hill	M40	42	Plymouth Harriers	00:10:05
18	Jonny Colaco	M40	13	Newquay Road Runners	00:10:07
19	Roger Easterbrook	M40	35	Teignbridge Trotters	00:10:08
20	Scott Mansfield	SM	2	Plymouth Musketeers	00:10:12
21	Nicola Squires	SF	14	Newquay Road Runners	00:10:13
22	Jon Pressling	M40	26	Torbay Tri	00:10:14
23	Leon Berry	SM	45	Torbay AAC	00:10:17
24	James Saunders	M60	33	Teignbridge Trotters	00:10:19
24	Stephen Burns	MIX	56	City of Plymouth	00:10:19
26	Isaac Lamerton	J	55	City of Plymouth Juniors	00:10:21
27	Charlie Milward	SM	57	Erme Valley Harriers	00:10:22
28	Chris Prall	SM	57	Erme Valley Harriers	00:10:23
28	John Scott	MIX	18	Newquay Road Runners	00:10:23
30	Arun Allen	SM	19	Dawlish Coasters	00:10:24
31	Preecha Intamart	SM	39	Riviera Racers Red	00:10:27
32	Juilan Scanes	M50	34	Teignbridge Trotters	00:10:28
32	Joe Hornsby	SM	36	Teignbridge Trotters	00:10:28
32	Paul Chuckle	M40	8	Chucklevision	00:10:30
35	Dave Brown	M40	53	Torbay Tri	00:10:30
36	Ryan Holdford	SM	45	Torbay AAC	00:10:33
37	Julian Smith	MIX	24	Torbay Tri	00:10:36
38	Mattias Ronngard	M40	13	Newquay Road Runners	00:10:37
39	Justin Frost	SM	2	Plymouth Musketeers	00:10:40
40	Jacob Robinson	J	55	City of Plymouth Juniors	00:10:42
41	Gary Burnam	M40	26	Torbay Tri	00:10:43
41	Mellisa King	SF	14	Newquay Road Runners	00:10:43
41	Lewis Chorleton	SM	23	Torbay Tri	00:10:43
44	Preecha Intamart	SM	39	Riviera Racers Red	00:10:44
44	Ben Elphick	M40	35	Teignbridge Trotters	00:10:44
46	Garrie Edwards	SM	19	Dawlish Coasters	00:10:46
46	Nigel Fenn	M40	26	Torbay Tri	00:10:46
46	James Glendinging	SM	43	Plymouth Harriers	00:10:46
49	Stephen Collier	M40	22	SWRR	00:10:48
49	Richard Smith	SM	19	Dawlish Coasters	00:10:48
51	David Cooper	SM	45	Torbay AAC	00:10:52
52	Laura Wakeham	SF	30	Torbay Tri	00:10:53
53	James Cartlidge	SM	43	Plymouth Harriers	00:10:54
54	Carl Bennett	M40	35	Teignbridge Trotters	00:10:56
55	Lewis Keywood	MIX	15	Keywood	00:10:58
56	Nick Bristow	SM	57	Erme Valley Harriers	00:10:59
56	Paul Whitehead	M40	26	Torbay Tri	00:10:59
58	Holly-mai Jones	SF	30	Torbay Tri	00:11:02
58	Richard Stone	M40	22	SWRR	00:11:02
58	Naomi Flanagan	SF	30	Torbay Tri	00:11:02



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FRIDAY 19TH AUGUST 2022



Rank	Name	Category	Team #	Team Name	Race Time
61	Ed Shaw	M40	22	SWRR	00:11:03
62	Steve Weeks	SM	45	Torbay AAC	00:11:05
62	Steve Donnelly	MIX	24	Torbay Tri	00:11:05
64	Phil Midgley	M40	13	Newquay Road Runners	00:11:06
65	Charles Edmonds	SM	19	Dawlish Coasters	00:11:07
66	David Robinson	MIX	56	City of Plymouth	00:11:08
67	Mat Walkey	SM	43	Plymouth Harriers	00:11:09
67	Daniel Case	SM	2	Plymouth Musketeers	00:11:09
69	Jerry Hocking	M50	27	Torbay Tri	00:11:11
69	Eleanor Dixon	SF	14	Newquay Road Runners	00:11:11
69	Ben Elphick	M40	48	Teignbridge Trotters	00:11:11
69	Ian Lamerton	MIX	11	Plymstock R Runners	00:11:11
73	Anthony Raine	M40	47	Torbay AAC	00:11:14
73	Rab Churchill	SM	3	Greenbow	00:11:14
75	Simon Mills	M50	27	Torbay Tri	00:11:17
76	Emily Warren	MIX	11	Plymstock R Runners	00:11:21
76	Roger Hayes	M50	34	Teignbridge Trotters	00:11:21
78	Shaun Collier	M50	27	Torbay Tri	00:11:22
79	Jessica Smith	SF	30	Torbay Tri	00:11:23
80	Nick Robinson	M40	47	Torbay AAC	00:11:24
81	Sussana Goffe	SF	50	Teignbridge Trotters	00:11:26
82	Lee Burchill	M40	42	Plymouth Harriers	00:11:27
83	Duncan Knight	M50	34	Teignbridge Trotters	00:11:30
84	Ian Mclean	M50	27	Torbay Tri	00:11:32
85	Tony Hodge	M50	28	Torbay Tri	00:11:37
85	Ian Haywood	M40	47	Torbay AAC	00:11:37
87	Liz Nuttall	SF	52	Teignbridge Trotters	00:11:39
88	Jason Trevenen	M50	34	Teignbridge Trotters	00:11:42
89	Pauline Davies	F40	16	SWRR	00:11:43
90	Frank Reay	M60	29	Torbay Tri	00:11:45
91	John Holland	M40	48	Teignbridge Trotters	00:11:46
91	Andrew Fox	M40	35	Teignbridge Trotters	00:11:46
93	Ian Dabbs	M50	28	Torbay Tri	00:11:47
93	Simon Johnson	M50	28	Torbay Tri	00:11:47
95	Ami Peyton Jones	F40	5	Plymouth Harriers	00:11:48
96	Geoff	SM	3	Greenbow	00:11:49
97	David Collins	SM	37	Riviera Racers Blue	00:11:50
97	Elsie Goodspeed	J	55	City of Plymouth Juniors	00:11:50
99	Alec Kiff	SM	3	Greenbow	00:11:52
99	Ben Reed	MIX	25	Torbay Tri	00:11:52
99	Phoebe Timson	J	55	City of Plymouth Juniors	00:11:52
102	Caitlin Mulroy	SF	6	Plymouth Harriers	00:11:54
103	Natalie Cusick	SF	50	Teignbridge Trotters	00:11:57
103	Kevin Crocker	M40	53	Torbay Tri	00:11:57
105	Neil Downer	M50	28	Torbay Tri	00:11:59
106	Greg Mimms	SM	3	Greenbow	00:12:01
107	Chloe Weeks	SF	9	Torbay AAC	00:12:04
107	Gavin Connor	M40	22	SWRR	00:12:04
109	Caitlin Mulroy	SF	6	Plymouth Harriers	00:12:07
110	Steve Carter	M40	42	Plymouth Harriers	00:12:08
110	Laen Sell	M40	47	Torbay AAC	00:12:08
112	Murphy Dobson	MIX	11	Plymstock R Runners	00:12:09
112	Fay Cameron	SF	9	Torbay AAC	00:12:09
114	Katie Burns	MIX	56	City of Plymouth	00:12:10
115	Sarah Sadler-Smith	SF	9	Torbay AAC	00:12:11
116	Bruce Campbell	M40	48	Teignbridge Trotters	00:12:14
116	Ben Fowler	MIX	25	Torbay Tri	00:12:14
118	Suzie Tosh	F40	16	SWRR	00:12:15
119	Peter Haywood	M60	29	Torbay Tri	00:12:16
119	Jenny Hourigan	MIX	24	Torbay Tri	00:12:16



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Rank	Name	Category	Team #	Team Name	Race Time
121	Alex Johnson	SM	39	Riviera Racers Red	00:12:17
122	Leigh Robinson	M50	44	Plymouth Harriers	00:12:18
123	Alan Boone	M60	33	Teignbridge Trotters	00:12:19
124	Tim Bumby	MIX	10	SDAC	00:12:21
124	Wendy Urban	F50	31	Torbay Tri	00:12:21
126	Neil Rutley	M60	33	Teignbridge Trotters	00:12:23
127	Chris Martin	M40	53	Torbay Tri	00:12:24
128	Natalie Cusack	SF	52	Teignbridge Trotters	00:12:25
129	Rachel Garland-Irvin	SF	17	Dawlish Coasters	00:12:28
130	Oliie Thomas	SM	36	Teignbridge Trotters	00:12:29
131	Jane Allison	F40	5	Plymouth Harriers	00:12:30
132	Mandy Wheeler	F50	49	Teignbridge Trotters	00:12:31
133	Lee Cusick	M50	1	SWRR	00:12:32
134	Rich Atkinson	M50	44	Plymouth Harriers	00:12:34
135	Dale Hamilton	SM	39	Riviera Racers Red	00:12:35
136	Louise Reynolds	F40	16	SWRR	00:12:36
137	John Selwood	M50	44	Plymouth Harriers	00:12:37
137	Jackie Woon	F50	49	Teignbridge Trotters	00:12:37
139	Jo Loten	F50	31	Torbay Tri	00:12:39
140	Colette Clements	MIX	18	Newquay Road Runners	00:12:40
140	Douglas McCombie	SM	37	Riviera Racers Blue	00:12:40
142	Rebecca Niles	SF	9	Torbay AAC	00:12:41
142	Mark Thomas	M40	42	Plymouth Harriers	00:12:41
142	Gemma Bennett	SF	50	Teignbridge Trotters	00:12:41
145	Derek Skinner	M60	33	Teignbridge Trotters	00:12:42
146	Naomi Shaw	V40	21	SWRR	00:12:46
147	Vivien Brooks	MIX	15	Keywood	00:12:49
147	Edd Tyrrell	MIX	41	Riviera Racers Yellow	00:12:49
149	Laura Goodspeed	SF	6	Plymouth Harriers	00:12:56
150	Jeanette Mcfadzean	SF	4	Greenbow	00:12:59
151	Hannah Carr	J	12	SDAC	00:13:00
151	Michelle Cooper	SF	6	Plymouth Harriers	00:13:00
151	Callum Lamont	M50	1	SWRR	00:13:00
154	Karen Baddeley	F50	46	Torbay AAC	00:13:01
155	Alison Roose	MIX	18	Newquay Road Runners	00:13:03
156	Rebecca Gillham	SF	7	Plymouth Harriers	00:13:04
157	Lauren Carr	J	12	SDAC	00:13:07
158	Kate Heaton	SF	52	Teignbridge Trotters	00:13:08
159	Roz Debenham	V40	21	SWRR	00:13:09
160	Shaun Andrew	MIX	54	Torbay AAC	00:13:11
161	Jenny Debenham	V40	21	SWRR	00:13:12
162	Juillian Budd	M50	1	SWRR	00:13:16
163	Debra Stevens	SF	20	SWRR	00:13:18
164	Terry Bartlett	M50	44	Plymouth Harriers	00:13:22
165	Kelly Lawson	SF	4	Greenbow	00:13:25
166	Penny Richards	J	12	SDAC	00:13:29
167	Mark Tait	M50	1	SWRR	00:13:31
167	Kellie Boylin	SF	7	Plymouth Harriers	00:13:31
167	Holly Jane Godsland	SF	38	Riviera Racers Gold	00:13:31
170	Jade Jephcott	SF	17	Dawlish Coasters	00:13:34
171	Jules Pring	V40	21	SWRR	00:13:38
172	Graeme Kay	M60	29	Torbay Tri	00:13:39
172	Elizabeth Bumby	MIX	10	SDAC	00:13:39
174	Cassandra Harrison	MIX	54	Torbay AAC	00:13:40
175	Isabelle Cummins	SF	50	Teignbridge Trotters	00:13:44
176	Sarah Jane Crozier	F50	46	Torbay AAC	00:13:50
177	Linzi Pattison	SF	20	SWRR	00:13:53
177	Nigel Barnett	M40	48	Teignbridge Trotters	00:13:53
177	Jo Wolf	SF	38	Riviera Racers Gold	00:13:53
180	Sarah Edmonds	SF	17	Dawlish Coasters	00:13:57



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Rank	Name	Category	Team #	Team Name	Race Time
181	Sophie Harrison	SF	20	SWRR	00:13:59
181	Stephen Blackford	MIX	56	City of Plymouth	00:13:59
183	Scott Cooper	MIX	41	Riviera Racers Yellow	00:14:01
184	Deb Hart	F50	49	Teignbridge Trotters	00:14:03
185	Kristy Bickell	SF	4	Greenbow	00:14:04
186	Vivek Kulkarni	M40	53	Torbay Tri	00:14:06
187	Michelle Cartledge	SF	7	Plymouth Harriers	00:14:09
188	Kim Knight	F50	49	Teignbridge Trotters	00:14:12
189	Tracy Connor	F40	16	SWRR	00:14:16
189	Eliska Kapralova	SF	38	Riviera Racers Gold	00:14:16
191	Joe Anning	MIX	11	Plymstock R Runners	00:14:18
192	Katie-Louise Holmar	SF	17	Dawlish Coasters	00:14:22
193	Maddie Kidd	SF	4	Greenbow	00:14:23
194	Nikki May	SF	38	Riviera Racers Gold	00:14:24
195	Sue Hayes	F50	31	Torbay Tri	00:14:26
196	Laura Holderness	MIX	25	Torbay Tri	00:14:29
197	Karen Edes	F40	5	Plymouth Harriers	00:14:30
198	Alix Reynolds	MIX	24	Torbay Tri	00:14:31
199	Karen Bumby	MIX	10	SDAC	00:14:40
200	Lucy Nelson	SF	40	Riviera Racers Silver	00:14:41
201	Laura Quick	SF	40	Riviera Racers Silver	00:14:42
202	Simonwn Grigg	SF	7	Plymouth Harriers	00:14:50
203	Anita Merritt	F50	46	Torbay AAC	00:14:55
204	Anne Roberts	SF	40	Riviera Racers Silver	00:15:02
205	Val McClean	F50	31	Torbay Tri	00:15:06
206	Janine Callard	F50	46	Torbay AAC	00:15:09
207	Georgina Ramm	SF	40	Riviera Racers Silver	00:15:13
208	Rob Pressling	M60	29	Torbay Tri	00:15:18
209	Linda Parsons	F50	32	Torbay Tri	00:15:21
210	Sarah Blanchard	F50	51	Teignbridge Trotters	00:15:25
211	Natalie Feasey	MIX	15	Keywood	00:15:30
212	Sallie Malt	F50	32	Torbay Tri	00:15:31
213	Andrea Wall	F50	32	Torbay Tri	00:15:43
214	Greg Dove	MIX	41	Riviera Racers Yellow	00:15:44
215	Anna Andrew	MIX	54	Torbay AAC	00:15:45
216	Grace Povey	J	12	SDAC	00:15:46
217	Susanna Westgate	F50	51	Teignbridge Trotters	00:15:50
217	Mary Schoenberg	MIX	54	Torbay AAC	00:15:50
219	El Taylor	F50	51	Teignbridge Trotters	00:15:56
220	Lizzie Hurford	MIX	25	Torbay Tri	00:15:58
221	Amelia Bumby	MIX	10	SDAC	00:16:10
222	Dave Connell	SM	43	Plymouth Harriers	00:16:19
223	Emma McArole	F40	5	Plymouth Harriers	00:17:08
224	Deb Winstop	SF	20	SWRR	00:17:20
225	Vicks Ratcliffe	SF	52	Teignbridge Trotters	00:17:34
226	Abigail Bryant	MIX	41	Riviera Racers Yellow	00:17:42
227	Brenda Finney	F50	32	Torbay Tri	00:17:59
228	Claire Gillard	F50	51	Teignbridge Trotters	00:19:07